

### Question 25

Criteria	Marks
<ul style="list-style-type: none"> <li>Clearly outlines how age and capabilities can affect resource management in the caring relationship</li> <li>Clearly understands the variety of resources to be managed and the likely impact</li> </ul>	7
<ul style="list-style-type: none"> <li>Shows knowledge of impact of age and capability in the caring relationship</li> <li>Shows knowledge of resource management</li> </ul>	5-6
<ul style="list-style-type: none"> <li>Provides some information on age and capability on resource management</li> </ul>	3-4
<ul style="list-style-type: none"> <li>Provides a point on the impact of age and capability in the caring relationship</li> </ul>	1-2

*Answer may include:*

- Having either a baby or being responsible for caring for someone in need of care, will affect a family's life in a major way. Managing the resources available (both human and non-human) will be vital to ensure wellbeing of the person being cared for and the other family members.
- In the case of a new baby, if the mother is able to take leave from her job to care for the child, the allocation of resources may need to be managed differently. The new mother may have paid leave that will assist with the finances during this period.
- The human resources of time and energy will need to be considered. The breast-feeding mother will have to conserve both her time (while she feeds, changes, cares for the baby who is unable to look after themselves) and energy (so she can produce milk, care for other family members needs and remain healthy). To assist in this management the husband/partner may take older children to school etc.
- The age of the new mother will impact on the resource management. A young mother may enjoy better health and have more energy than an older first time mum. However, the older mother may have more financial resources and greater management skills to cope with the situation. She may be able to afford a cleaner for the house, a live in nanny to assist with caring for the baby and a more comfortable living environment to care for the child.
- The capabilities of the individual being cared for will affect the management situation. If it is an aged person suffering from lack of mobility, the carer may need to organise to hire or purchase the required assistance (walking frame, walking stick, wheelchair, motorised gopher). A review of the available resources as well as advice on the likely progression of needs, will assist the carer to provide the best possible assistance to the person in the cared for situation.
- If the capabilities of the person being cared for are likely to diminish, the carer may need to investigate the availability of aged care for the individual and may need to have the Aged Care Assessment Team to become involved. This could lead to hostel/nursing home or respite care options in the future.
- Once again, if the capabilities of the person doing the caring are broad and the individual is well-educated they are likely to be able to assist the person they are caring for in a more useful manner. They may be more aware of the social/emotional needs of the patient and ensure they have regular outings/activities to attend. Alternatively, they may be able to access more community services to better manage the situation, e.g., use of a community bus to take the person in need to doctors appointments, physiotherapy or other venues.
- It will be vital that the caring relationships remain harmonious to ensure the wellbeing of all involved. There can be sibling rivalry with a new baby, resentment if a dependant person comes into the household – management of all resources needs to be effective.